

NORTH AVOCA NEWS

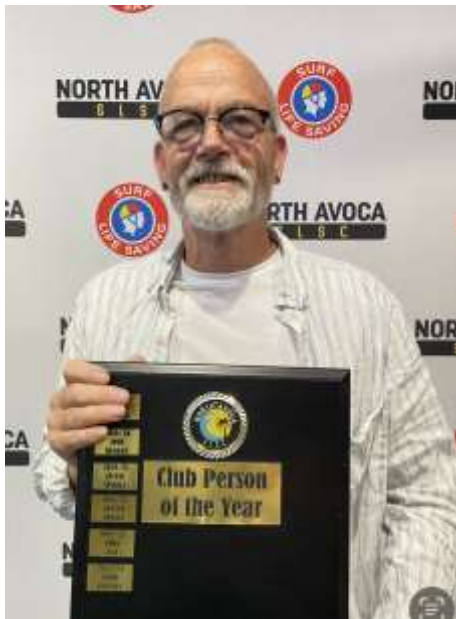
31/05/2024



PRESIDENT'S REPORT

It was great to close off the season seeing so many faces at the senior presentation night on the 18th May. The night represented a great opportunity to acknowledge and celebrate many achievements our members and club have made this season. Well-done to everyone and thank you once more for volunteering your time to our wonderful club.

Congratulations to our deserving major award winners.



Club Person of the Year – **Chris Bowden**
Patrol Person of the Year – **Brodie Drake**
Service Award – **Josh Duggan & Scott Green**
Associate of the Year – **Kelly Luongo**
Patrol of the Year - **Patrol 8**
Youth Volunteer of the Year – **Bailey Green**
Youth Lifesaver of the Year – **Emma Duggan**
Youth Athlete of the Year – **Ella Kemble**
Rookie of the Year – **Remy Avis**
Under 15 Points Score Champion – **Jacqueline Emerson & Harry Evans**
Under 17 Points Score Champion – **Emma Duggan & Jet Avis**
Under 19 Points Score Champion – **Bailey Green**
Masters Point Score Champions - **Kim Findlay and Karl Woodward**

North Avoca SLSC is proudly Supported by:

FONA'S

Kim Jackson/Scott Farquhar & Family
The Estate of Juleen High
The Carusi Family
The Clitheroe Foundation
The Freedman Foundation
The Petre Foundation
The Redman Family
The Webb Family

GOLD SPONSORS

365 Assist
Central Coast Orthodontics
Sprout ELC

SILVER SPONSORS

Highgrove Bathrooms
Denair Australia
Hollydene Estate Wines

BRONZE SPONSORS

Accom Property
Baily Constructions
Beachview Bookkeeping
Central Coast Luxury Homes
Coast Realty Terrigal
Enliven Housing
5 Star Swim School
Hotel Gosford
North Avoca General Store
Pesteco
Platinum Physiotherapy
Smith Construction
The Agency

MAJOR SUPPORTERS

Central Coast Council
SLSCC, SLSNSW, SLSA
NSW and Federal Governments

On the 15th June, SLSCC will be hosting their Awards of Excellence evening. I would like to congratulate all our North Avoca award nominees and wish you all the best of luck.

- Volunteer of the Year* – Chris Bowden
- Life Saver of the Year* – Brodie Drake
- Patrol Captain of the Year* – Jackie Sproll
- Youth Life Saver of the Year* – Emma Duggan
- Youth Volunteer of the Year* – Bailey Green
- Youth Athlete of the Year* – Ella Kemble
- Rookie of the Year* – Remy Avis
- Administrator of the Year* – Scott Green
- Trainer of the Year* – Chris Bowden
- Assessor/Facilitator of the Year* – Jodie Walker
- Coach of the Year* – Kim Findlay
- Official of the Year* – Josh Duggan
- Masters Athlete of the Year* – Kim Findlay
- Team of the Year* – U23 Female IRB Team (Ella Kemble, Taylor Crowther, Emma Duggan, Kara Cannon, Brodie Drake, Lachlan Duggan)
- Service Team of the Year* – Member Services Summer SIPs and community engagement (Cara Portese)
- Community Program* – Kids Empowerment Workshop (Evelyn Dwyer)
- Innovation of the Year* – GUNS - Grown Up Nippers (Peta Quinn)



AOE Nominees



Senior Presentation – Life members

I'd also like to thank our wonderful FONA's and sponsors for their continued support this season. We simply couldn't do what we do without the generosity of these groups.

Thank you to this season's 3 new Gold Sponsors who joined us in the celebrations at our Senior Presentation Night.

- 365 Assist
- Central Coast Orthodontics
- Sprout Early Learning Centres

This season those patrolling members who achieved a Gold level Patrolling Award were gifted with a Sharkskin Surf Rescue jacket. A very big thank you to Peter Richardson and his company 365 Assist who very generously sponsored this award.



Keep an eye out for the IRB racing team who braved mixed conditions over their first 2 rounds. Round 3 will be jointly hosted by North Avoca and Avoca SLSCs on Saturday and Sunday of the June long weekend. Come down and support our team and watch plenty of action. Join us for celebrations at the Club on the Sunday afternoon, there will be food, music and the bar will be open.

Kim Findlay
President
president@naslsc.com.au

It's Not Cheap to Run a Surf Club!

Another year is almost over.

As we come towards the end of our 68th year as a surf club, it is worth highlighting and thanking a few people and organisations that have been important contributors to the success of our Club during this last season.

Many may not know, but the Club costs between \$250,000 - \$300,000 most years to run. This includes everything from general administration, lifesaving, competition, nippers, youth etc. Our membership fees each season contribute less than 25% of the total cost to run the Club, so this month's column is a great opportunity to thank a range of other people and organisations for their financial contribution over the last season. The Club relies heavily on these funds to ensure we can continue to provide all the things we do, both for our members, and to keep our beach safe.

Firstly, thanks to all members who have hired the hall, used the bar, bought clothing or those great sausage sandwiches on Sunday mornings. Whilst our aim is to price these items competitively for our members, these areas do also contribute to the Club's financial results.

Thanks also to all who have been involved in the various fundraising initiatives such as the Easter Doorknock Appeal, Junior Fundraising (Sunday BBQ, Cinema Under the Stars & Aquasplash) and Youth fundraising (Bay to Bay Fun Run support). If you contributed or worked on these major fundraisers or any of the other smaller fundraisers, a big thanks from all of us on the Management Committee of the Club.

Thank you also to our valued Sponsors who in cash and kind contributed over \$50,000 this season towards our Club. These include;

- our 3 new Gold Sponsors - 365 Assist, Central Coast Orthodontics and Sprout Early Learning Centres
- Silver Sponsors - Highgrove Bathrooms and our 2 new Silver sponsors Denair Australia and Hollydene Wines
- Bronze Sponsors - Accom Property, Bailey Constructions, Beachview Bookkeeping, Central Coast Luxury Homes, Coast Realty Terrigal, Enliven Housing, 5 Star Swim Schools, Hotel Gosford, North Avoca General Store, Pesteco, Platinum Physiotherapy, Smith Construction, The Agency

Our Friends of North Avoca program (FONA) has now been running for over 20 years and the 8 families and charitable foundations involved in this program have historically donated 20-25% of our total revenues each season. This community has been hugely significant in providing the

Club with our ongoing operational funding as well as reserves in our Trust Fund for our future.

Our current FONA's are;

- The Estate of Mrs Juleen High
- The Carusi family
- The Clitheroe Foundation
- The Freedman Foundation
- Kim Jackson, Scott Farquhar and family
- The Petre Foundation
- The Redman family
- The Webb family

Thanks also to the various organisations who have provided much needed grants to our Club. This includes SLSA, SLSNSW, the Central Coast Council, as well as the NSW Government.

As outlined above, it is a broad and diverse community that contributes to our ongoing success as a surf club. If you get the opportunity in the off-season to thank some of the above people and organisations, please do.

Education

If you were unable to attend our Senior presentation on the 18th May and have an education award and/or medallion to collect, please see Sharon during office hours Monday – Wednesday 9am – 2.30pm.

Education Team
education@naslsc.com.au

Youth

SLSCC has introduced a Leadership Development Program for members aged 17-25 who are identified as emerging leaders and possess qualities that can be developed to enhance their future of Surf Lifesaving.

Below is the link to the circular containing more detail on the program. Please reach out if you are interested in the program.

[Circular-1615-17-25-Leadership-Development-Program.pdf \(slscc.com.au\)](#)

Bailey Green
Youth Representative Committee
youthdevelopment.coordinator@naslsc.com.au

Member Services

In January 2024, we trialled our Summer Sips. An initiative to encourage our local community, friends, families, members and visitors to our beautiful area, to be an inclusive part of the North Avoca Community. Due to the overwhelming response to the events, planning has already commenced for the 2025 Summer Sips, with Food vendors and music already locked in.



The club would like to continue with our community events, and we are inviting you all to come along to the Club on Sunday 9th June (long weekend) for Sunday Sips. This event will tie in with the IRB carnival, our club is hosting that weekend. We are very excited to announce we have local Musician Jane Germain performing again and have taken the worry out of dinner, with Moobi Burgers returning.



Jane Germain



Moobi Burgers

We are very interested in your thoughts for future events at the North Avoca SLSC, so please reach out. Thank you for your ongoing support.

Cara Portese
Director of Member Services
memberservices@naslsc.com.au

Lifesaving

A big congratulations to our Life Saving major award winners and Patrol Service awards from our recent Senior Presentation. Patrol awards not collected on the night are with your Patrol Captains.



Patrol of the Year – Patrol 8



Patrol Person of The Year – Brodie Drake



Youth Life Saver of the Year – Emma Duggan

Some Stat's from our 2023/24 season:

Patrol Hours – 7 540

Active Members – 131

Beach Closures – 20

Visitors – 42 592

Preventative Actions – 376

Rescues – 10

First Aids – 55

Missing Persons – 2

Thank you for your time volunteering in the 2023/24 season. I look forward to seeing you next season.

Josh Duggan

Director of Lifesaving

lifesaving@naslsc.com.au

Surf Sports

The IRB team have now completed 2 rounds of the NSW Premiership. The team's first round was at Collaroy, with their 2nd round last weekend at Fingal Bay. Some very sizeable waves and a nasty shore dump tested the skills of our drivers and crew. With more than half the team under 23, they handled themselves like pro's. Round 1 saw 10 teams make it through to finals, with our best results 3rd in the Rookie Rescue race. Last weekend 8 teams made finals. The highlight of the weekend was Emma Duggan taking on her first Rookie event as a driver. It was also a full Duggan affair with Josh (dad) as crew and Lachlan (brother) patient. Congratulations Emma.



We look forward to watching our team in action at the next carnival. The team will be competing at North Avoca 8th and 9th June. This is our home beach and a great opportunity to see our team in action and to cheer them on!

Hope to see you there.

Kane Hennessey

Director of Surf Sports

surfports@naslsc.com.au

Nippers

The final event for our 23/24 season was our Junior Presentation night, where we acknowledged the amazing achievements of our nippers, thanked all our dedicated volunteers, and celebrated a fantastic season we had. The level of attendance was fantastic. The club was packed, and a great night was had by all. Some sensational dance moves hit the dance floor, with a disco following the conclusion of the awards ceremony.



Thank you to Remy and Harry, our outgoing Junior Club Captains, for your commitment and dedication to your role and NASLSC and congratulations to Orla and Remy our new Junior Club Captains for the 24/25 season. We know you will represent NASLSC proudly.



Orla and Remy

The nippers have had an extremely successful competition season, and this could be seen with numerous awards that were handed out on the night. We have never had to order so many States Finalist and State Medallist Towels for our nippers before. A great achievement for so many of our nippers and a testament to the hard work and dedication the nippers, coaches, age managers and support crews have put into training and preparation throughout the season.

Congratulations to all our award recipients who have excelled competitively and with contributions to the club. And congratulations to all our nippers on a great season. You have all worked so hard developing your lifesaving fitness, skills and knowledge.

Junior Club Captain interviews were conducted at the end of the season. Candidates were interviewed by a panel made up of prominent club members and past Junior Club Captains. This is valuable experience for our nippers to take part in for their personal development and we are very grateful to the panel for providing them with this opportunity. Candidates were asked a series of questions relating to their knowledge of and commitment to the club and SLS. All the applicants were quite nervous prior to their interviews; however, they demonstrated great leadership skills and passion for our club. Well done to all those who applied and thank you for your willingness to take on this important role and for your commitment to the club.

Thank you again to all the parents, grandparents and carers who have volunteered in various roles throughout the season. Thank you all for the support over the last 5 seasons. Time for a rest! This was my last season, and we are now looking for a new JAC for 2024/25 season. Please reach out if this role is for you. Hoping everyone has a fun and successful off season doing their winter sports and activities.



John Avis
Director of Junior Activities/ nippers@naslsc.com.au
Megan Miller
Assistant JAC/ nippers2@naslsc.com.au

Hi everyone,

Whilst it may be the off season for our Surf Sports competitors, the IRB racing season is well underway. We have numerous teams representing Team NA this season.

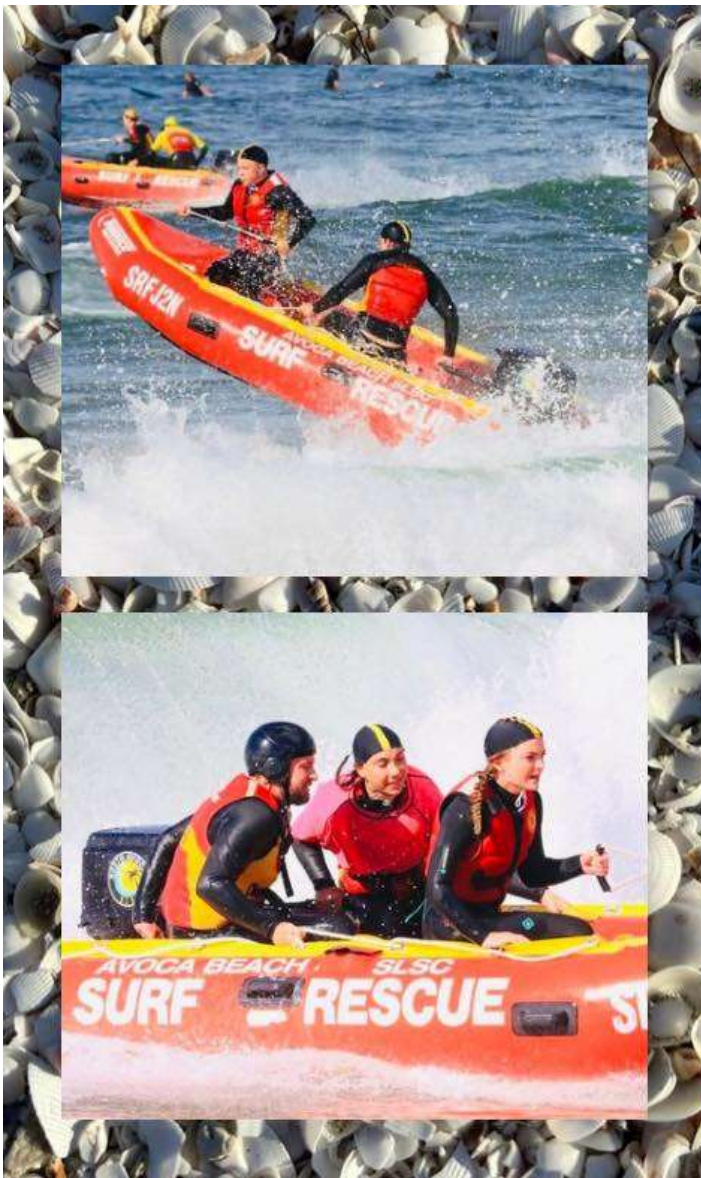
We are very honoured this year to be hosting an IRB carnival at our home beach, North Avoca on 8th and 9th June. As you know it takes a team to make our events a success!

We need to supply 8 people to drive cars/trailers, help set up the beach, tents etc for both days. Likely 5am start. Most of the crew are needed in the early morning and at the end of racing. We will also need at least 3 people per shift for the BBQ each day (we can set up multiple shifts if there are enough volunteers to rotate through 🙌). If anyone is available to come and help for a few hours at any point across the weekend, please reach out to me at surfsports@naslsc.com.au

We rarely have the opportunity to host carnivals, so let's showcase to the SLS community how amazing our club is by supporting this event and ultimately the NA IRB Teams!!! If you haven't seen an IRB carnival yet, I strongly urge you come down to watch an incredible weekend of racing.

Kane Hennessey

Director of Surf Sports



Sunday Sips

Sunday 9th June

Live Music by Jane German
Food from Moobi Burgers

Bar open

&

ALL WELCOME!!!!

More information to come
Save The Date!!