

NORTH AVOCA NEWS

26/03/2021



PRESIDENT'S REPORT

We were honoured to recently receive acknowledgement and recognition from The Hon Gladys Berejiklian, Premier of New South Wales at a morning tea hosted by Adam Crouch MP – Member for Terrigal. We were one of 30 Central Coast volunteer based organisations that were recognised for doing a great job of supporting our local community. Thanks Duncan for representing North Avoca Surf Club at this event.



Club Working Bee – Sunday 2nd May 9am – 1pm

Want to contribute to your Club, plus at the same time meet others with similar interests and a strong sense of community? Save the morning of Sunday May 2nd for a Club-wide end of season "Working Bee". Rumours of a free lunch also for those who can help out!

The 2021 Rocks 2 Rocks – Unfortunately, due to water quality this event scheduled for Sunday has been **CANCELLED**, for now. We anticipate that this event will be rescheduled early next season.

Matt Slattery
President

North Avoca SLSC is proudly supported by:

Kim Jackson/Scott Farquhar & Family

The Estate of Juleen High

The Carusi Family

The Clitheroe Foundation

The Freedman Foundation

The Petre Foundation

The Redman Family

The Webb Family

My Advantage Group

365 Assist

Platinum Kitchen Appliances

Highgrove Bathrooms

Accom Property

Beachview Bookkeeping Services

Belle Property

BlueToro Mobile Mechanics

Breakers Country Club

Central Coast Luxury Homes

Central Coast Council

Crowne Plaza Terrigal

5 Star Swim School

Fortunity

Hollydene Wines

Hotel Gosford

North Avoca General Store

Reline-A-Pipe Plumbing

Smith Construction

SLSCC, SLNSW, SLSA

NSW and Federal Governments

Easter Door Knock

After needing to cancel our Easter Door Knock last year due to COVID restrictions, this year we will be doing our Door Knock a little differently, recruiting some help from the Easter Bunny.



From 2pm on Easter Saturday (3rd April), the Easter Bunny will be making his way through North Avoca. We invite you to come to the designated points around North Avoca to take a photo with the Easter Bunny, share an Easter egg and make a donation to the Club. It is also a great opportunity to learn about the various aspects of our Club and how you can get involved.

Stop	Stop Location	Stop Time
1	Corner of Bradleys Road & Beachcomber Parade	2pm
2	Corner of Bradleys Road & Lakeshore Drive	2.15pm
3	Reserve on Lakeshore Drive near Duncan Road	2.30pm
4	Playground at corner of Surf Rider Avenue & Easter Parade	2.45pm
5	Corner of Tramway Road & Lake Street	3pm
6	Corner of View Street & North Avoca Parade	3.15pm
7	North Avoca Surf Life Saving Club	3.30pm

Throughout the rest of the Easter weekend, houses not on the Easter Bunny route, will be visited in the usual way, providing you with an opportunity to make a much appreciated contribution to the Club.

This year we will also be able to take cashless donations through our mobile EFTPOS terminals. Also, if you are away over Easter, donations can also be made on our website at <https://northavoca.com.au/donate/>.

As a registered Not For Profit organisation, donations over \$2 are tax deductible.

As our major fundraiser each year, the Easter Door Knock provides essential funds for us to provide these important services to the North Avoca community.

Jackie Sproll
Director of Administration

Mid North Coast Flood Assistance

Working under the supervision of SLSCC Director of Life Saving, Simon Cusack North Avoca members (John Avis, Steve Brown, Lynette Vuradin and Darren Hutton) were deployed to the Mid North Coast to assist with flood relief, as part of the emergency services chain.

We had two hard hull club IRBs, 3 motors and extensive support gear and kit available. Based out of the SES yard in Taree, we were tasked to work with various other agencies, specifically Fire & Rescue, Marine Rescue and SES. This was a massive learning curve for all agencies working together and we hope to assist in future deployments with what we took away from the opportunity.



We covered a great deal of territory over flood impacted roads and had 3 direct deployments. The first was in the Manning River from Taree town centre, where a large marine rescue vessel required a secondary transport of patients from a pontoon in the river; the second was as the first vehicles into Harrington / Crowdy Head to inspect, assist and report back on any residents in difficulty, after several days being cut off; the third was working with a large Fire & Rescue team North West of Taree (Mt George to Nowendoc) to assist with potential river crossings where isolated residents needed medication deliveries and welfare checks .

Our team was well prepared and always handled their role professionally. It was a great opportunity to work with such well trained and resourced agencies and to have an opportunity to utilise our equipment in communities under extreme stress. The opportunity exists for us to improve our capability under these circumstances in future. Thanks to our generous supporters and sponsors we have access to the best equipment, also thanks to Cape Hawke SLSC for accommodating us.

Darren Hutton
Patrol Captain - P6

Life Saving

Remaining Patrols for the Season

27/03 Sat AM:	9 – 1 pm	PATROL 5
27/03 Sat PM:	1 – 5 pm	PATROL 6
28/03 Sun AM:	9 – 1 pm	PATROL 7
28/03 Sun PM::	1 – 5 pm	PATROL 8
02/04 Frid AM:	9 – 1 pm	PATROL 9
02/04 Frid PM:	1 – 5 pm	PATROL 10
03/04 Sat AM:	9 – 1 pm	PATROL 11
03/04 Sat PM:	1 – 5 pm	PATROL 1
04/04 Sun AM:	9 – 1 pm	PATROL 2
04/04 Sun PM:	1 – 5 pm	PATROL 3
5/04 Mon AM:	9 – 1 pm	PATROL 4
5/04 Mon PM:	1 – 5 pm	PATROL 5
10/04 Sat AM:	9 – 1 pm	PATROL 6
10/04 Sat PM:	1 – 5 pm	PATROL 7
11/04 Sun AM:	9 – 1 pm	PATROL 8
11/04 Sun PM:	1 – 5 pm	PATROL 2
17/04 Sat AM:	9 – 1 pm	PATROL 11
17/04 Sat PM:	1 – 5 pm	PATROL 1
18/04 Sun AM:	9 – 1 pm	PATROL 3
18/04 Sun PM:	1 – 5 pm	PATROL 4
24/04 Sat AM:	9 – 1 pm	PATROL 9
24/04 Sat PM:	1 – 5 pm	PATROL 10

25/04 AM & PM – PATROL CAPTAINS AND YOUTH

Need a Patrol Swap – Join North Avoca Patrol swaps on FB and email details to office to be included in the newsletter. Please ensure every effort to arrange a swap is taken and give adequate notice to your patrol captain.

Patrol Roster and Patrol team lists can be viewed in our North Avoca Document Library via your member's portal;

https://members.sls.com.au/SLSA_Online/modules/login/index.php#

YES there are still those who have NOT completed their practical requal and Skills Maintenance Bronze Medallion Theory online component, you MUST do so before/during your next patrol.

NO Requal – NO Patrol – NO Water Safety – GET IT DONE

Nathan Emerson & Peter Waugh
Directors of Life Saving

NASLSC Big Garden Clean Up!!

Members will have noticed that the outside areas around the club are a bit tidier this week.

Special thanks go to U19 Terrigal Rugby Union Colts. This group regularly perform community service and recently we were fortunate to be the beneficiary of this program. The boys did a great job tiding our gardens.



The boys are employed through Kayden Drainage and are all completing a Cert 3 Construction Certificate, as part of this they do work in the local community.

Again, a BIG THANK YOU

Rick Parson
Life Member

Education

SLSCC calendar for the remainder of the 2020/21 season.

Silver Medallion Aquatic Rescue on 10th/11th of April 2021 –CLOSING DATE: 4th of April @ 8pm.

Silver Medallion Aquatic Rescue on 8th/9th of May 2021 –CLOSING DATE: 2nd of May @ 8pm.

If you are interested in any of the above courses, email Sharon at office@northavocaslsc.com.au to register prior to closure dates listed below:

The position of Director of Education remains vacant. If you are interested or would like more information regarding this role, please contact Keiren on 0418163639

Surf Sports

Masters State Championships

Congratulations team on what was a fantastic 2 days of results and teamwork in mixed conditions. We baked on Saturday and froze on Sunday. Once again, the teamwork that exists within our master's group is second to none. A huge thanks to Rick and Steve for officiating 2 massive days. We simply couldn't do it without you. !

Ken: 1st Iron Person, 2nd 1km beach run, 1st board rescue

Tony: 1st Surf Race, 1st tube, 1st board rescue

Colleen: 1st Board, 1st Iron Person, 3rd Surf race, 3rd board rescue, 1st Taplin team, 1st board relay, 2nd ski relay, 2nd surf team

Kim: 1st ski, 2nd Iron Person, 2nd Board, 1st double ski, 3rd board rescue, 1st Taplin team, 1st board relay, 2nd ski relay, 2nd surf team

Trina: 1st double ski, 1st Taplin team, 2nd ski relay

Maggie: 1st board relay, 2nd surf team



Youth

Open State Championships

Congratulations to all our youth competitors who competed at the State Championships this season. We had record number of 16 competitors wearing the black gold, for many it was their first State Championships. We are proud of each of you, for your enormous effort, great teamwork and mateship.

Highlights of the tournament were:

Kate Clatworthy – 3rd 2km Beach run

Miliah Roder and Olya Richards – 3rd 2 x 1km beach relay

Surf Race final – Amber Sheary and Kale Puata

Cameron relay final – Giselle Emerson, Lily Smith and Amber



Youth Opportunity Makers Workshop (YOMW)

We would like to congratulate Kale Puata on his selection in the YOMW program. The YOMW is aimed at members aged 15-17 years. This workshop explores the idea that Surf Life Saving is more than just your club and focuses on the next step in members' leadership journeys – small team leadership, developing their social network within the movement, pathways and opportunities. We hope you enjoy your experienced Kale.



Inter Branch Championships

Congratulations to Emma Duggan from our U14s for her selection in the Central Coast Inter Branch team. This is Emma's third season being selected. She was 1 of only 3 females from our Central Coast Clubs selected in the U14 age group. Emma and her team were scheduled to compete this weekend against all the other inter branch teams in the State. Unfortunately, due to beach closures this event was cancelled. We know you would have done our Club and Branch immensely proud, as always.



Nippers

Congratulations to all our U9 to U14s who participated in the State Championships. This year we saw the tournament divided into beach and water events, further separated by different beaches. This meant that kids had to choose between the two areas. Our U9-U11 competed the first 2 days followed by our U12-U14s. The U9-U11 were hit with the biggest surf of the 4 days, providing for some very tough conditions. We are immensely proud of all our nippers for giving their very best while competing and for always supporting and cheering on, not only their fellow club teammates, but also competitors from our Central Coast Branch. It is great to see friendships expand beyond North Avoca.

Special mention and congratulations to Amy Woods from the U11s who received a bronze medal in the flags. Congratulations Amy



North Avoca Surf lifesaving Club - COVID-19 Update

For COVID-19 updates, please refer to the SLSNSW COVID link below, or for any specific questions not covered here, please email the office.

<https://www.surflifesaving.com.au/resources/corona-virus-covid-19-updates-resources-slsnsw-clubs>

If you want to know more about our Club check out our new Website www.northavoca.com.au