

NORTH AVOCA NEWS

02/02/2021

PRESIDENT'S REPORT

Thank you to all those members who volunteered on Christmas Day patrol and those who have been keeping our beach safe during the busy holiday period. Your time and vigilance is very much appreciated.

The IRB racing team will commence training for competition on Feb 21st, meet at 8am at the club.

Dates for carnivals this season are as follows

Round 1 - May 1 & 2

Round 2 - May 15 & 16

Round 3 - May 29 & 30

Round 4 - June 12 & 13

Round 5 - June 26 & 27

State - July 10 & 11

Locations should be out in next few weeks



Anyone who has an IRB crew award or a driver, is a proficient bronze holder and financial member can join the team. We currently have a range of age groups contesting every category and would be great to have any new racers join the fun. Young to old, male and female, everyone is welcome.

Plenty of time spent training before competition starts, and you'll learn the skills to be the best drivers and crews for patrols.

If you have any questions or intend on joining the team, please let me know.

Matt Slattery
President



North Avoca SLSC is proudly supported by:

Kim Jackson/Scott Farquhar & Family

The Estate of Juleen High

The Carusi Family

The Clitheroe Foundation

The Freedman Foundation

The Petre Foundation

The Redman Family

The Webb Family

365 Assist

Platinum Kitchen Appliances

Highgrove Bathrooms

Accom Property

Beachview Bookkeeping Services

Belle Property

BlueToro Mobile Mechanics

Breakers Country Club

Central Coast Luxury Homes

Central Coast Council

Crowne Plaza Terrigal

5 Star Swim School

Fortunity

Hollydene Wines

Hotel Gosford

North Avoca General Store

Reline-A-Pipe Plumbing

Smith Construction

SLSC, SLSNSW, SLA

NSW and Federal Governments.

Life Saving

Reminder that we are back to 9 – 5pm patrol hours. Thank you to all for the extra hours volunteered during the holidays.

Upcoming Patrols

06/02 Sat AM:	9 – 1 pm	PATROL 3
06/02 Sat PM:	1 – 5 pm	PATROL 11
07/02 Sun AM:	9 – 1 pm	PATROL 10
07/02 Sun PM::	1 – 5 pm	PATROL 4
13/02 Sat AM:	9 – 1 pm	PATROL 1
13/02 Sat PM:	1 – 5 pm	PATROL 2
14/02 Sun AM:	9 – 1 pm	PATROL 5
14/02 Sun PM:	1 – 5 pm	PATROL 6

Need a Patrol Swap – Join North Avoca Patrol swaps on FB and email details to office to be included in the fortnightly newsletter. Please ensure every effort to arrange a swap is taken and give adequate notice to your patrol captain.

Patrol Roster and Patrol team lists can be viewed in our North Avoca Document Library via your member's portal;

https://members.sls.com.au/SLSA_Online/modules/login/index.php#

Reminder for those that have not yet completed your practical requal and Skills Maintenance Bronze Medallion and Surf Rescue Theory online component, you MUST do so before/during your next patrol. To access your assigned course please login to your Members Portal and select the elearning tab. This is a requirement of SLS and must be done, so let's get onto it!!

NO Requal – NO Patrol

Surf Sports

Training: Official Senior training going well

Current Coaching team: Gordon Crabb and Kim Findlay

COVID Marshall: Kim Findlay and Colleen Harrison. Please ensure continued use of QL code

Wednesday 530am: Board: Terrigal car park

Friday 530am: Ski: Terrigal car park

Saturday 630am: Iron person: North Avoca

Sunday 630am: Ski: North Avoca

Club champs:

Once again a fantastic club event this year. A big thanks to all those who came down to set up as well as run the day. The

conditions only allowed U16 and up to compete, but the big surf made for some fun with this group.

AGE CHAMPIONS

U16: Kale Puata, Giselle Emerson

U19: Bailey Green, Jaime Sheary

OPENS: not contested

MASTERS: Kim Findlay, Blair Puata and Mark Lahey (tie)

GRAND MASTERS: Colleen Harrison, James Purcell

We now look forward to the business end of the season as we approach Branch, State and hopefully Australian titles.

We are still welcoming new comers to training so please contact me if you have any questions.

Senior Calendar:

Sat 6th Feb – Branch Opens @ Shelly

Sun 7th Feb – Branch Masters @ Shelly

Frid 12th Feb – Branch Patrol & Champion Lifesaver Theory

Sun – 14th Feb – Branch Patrol & Champion Lifesaver Practical

20th Feb – Nutty Masters Wambie - email me if interested

5 – 7th March – State Open @ Swansea Belmont

11 – 14th March – State Masters and Lifesaving @ Swansea Belmont

16 – 18th April – Aussies Youth

19 – 20th April – Aussies Masters

21 – 25th April – Aussies Open

Scrutineering of all craft

All craft are required to carry a valid Red & White scrutineering sticker in order to compete.

The SLSCC craft scrutineer will be at the below dates and locations:

• 6th February Shelly Beach SLSC Open Branch Championships

• 7th February Shelly Beach SLSC Masters Branch Championships

Good luck to our competitors competing at Open and Masters Branch this weekend. Go team North Avoca!!

Education

Next Bronze Medallion Course

North Avoca will be holding an **information session** at the club on **Sunday 7th February at 4pm-5pm** for those who are interested in completing their Bronze Medallion Award. The course will involve 4 theory sessions, conducted on Monday nights from 7pm – 8.30pm, commencing Monday 15th February. These session will be structured around the compulsory online learning component. In addition there will be 4 practical sessions, the first of which will be 20th Feb 11-1pm, further dates to be confirmed following discussion with the group. We anticipate assessment date will be 28th March. EOI can be emailed to Sharon at office@northavocaslsc.com.au

SLSCC calendar for the remainder of the 2020/21 season.

Silver Medallion Aquatic Rescue on 10th/11th of April 2021 – CLOSING DATE: 4th of April @ 8pm.

Silver Medallion Aquatic Rescue on 8th/9th of May 2021 – CLOSING DATE: 2nd of May @ 8pm.

In addition, SLSNSW in conjunction with SLSCC are looking at holding an **Assessor Course** for members wishing to become an Assessor for surf awards such as Bronze Medallion an SRC.

If you are interested in any of the above courses, email Sharon at office@northavocaslsc.com.au to register prior to closure dates listed below:

The position of Director of Education remains vacant. If you are interested or would like more information regarding this role, please contact Keiren on 0418163639

Youth

Congratulations to the U17's who successfully completed their IRC crew course in the new year. Thanks to Matt, Kieran, Jodie, Matias, Atlanta and Steve who helped out with running the course. I know that the kids are looking forward to improving these skill whilst on patrol and during the IRB racing season.



Director of surf sports Kim Findlay | 0414 776 136 | surfsports@naslsc.com.au

Congratulations also to Olivia Trasler and Noah Green who represented North Avoca in the Junior Lifesaver of the Year. This involved completing a theory and practical component as well as an interview. While they may not have come away with the title they both represented our club proudly and had an awesome experience, which I know they will share with their fellow nippers.

The Killcare carnival was held during January with Lachlan, Kai, Kara and Kate attending. Well done to all of them for competing in some trying conditions.



Well done to the U15's who competed in the Umina carnival - their last carnival competing in the Nipper Age category. Amber, Lauren, Brooke and Kale competed well and had a great time. They are all looking forward to Branch at Shelley Beach on the 6th Feb.



The Rookie Challenge was held at Terrigal with 12 clubs providing their teams of rookies to compete in theory and practical events. North Avoca was represented by Grace, Emma, Olivia, Milly, Noah and Tal (with Truman and Jet from the U13s there to help other clubs fill their teams on the day). They all had fun and ended up coming 4th.



The 3rd and final round of the Newcastle Permanent Ironperson was held at Ocean Beach on 23rd Jan. It was a very long course with no surf assistance (little to no waves). Well done to everyone who competed in this event, even if they couldn't make all 3 rounds. Congratulations to those competitors making the podium for each of the rounds and for those who made the overall points awards.

Club Champs was also held last weekend with the youth and opens competing with the Masters. Well done to all who competed on Sunday.

Branch Champs this year will be held on Saturday 6th Feb at Shelley Beach

Youth Calendar:

Sat 6th Feb – Branch Opens @ Shelly

Frid 12th Feb – Branch Patrol & Champion Lifesaver Theory

Sun – 14th Feb – Branch Patrol & Champion Lifesaver Practical

5 – 7th March – State Open @ Swansea Belmont

16 – 18th April – Aussies Youth

21 – 25th April – Aussies Open

Please monitor WhatsApp for training dates.

Thanks
Josh Duggan

Nippers

Last Sunday we had our Junior Branch Championships, with a record number of 84 competitors attending from our U8s to u14s age groups. There were great results from personal bests to medals, in some very tough surf conditions. Most importantly awesome team spirit and support for each other. We look forward to presenting medals at our next nipper day.

Conditions allowing, this Sunday we will have our Junior Club Championships, commencing at 9am sharp. This is for age groups U8 – U14s. Normal nippers for U6 & U7s, I'm sure you will also enjoy watching the bigger kids compete on the day.

Next season we asking for age managers/helpers for the U6, U7 and U8 age groups and also a BBQ manager. If you are interested or would like more information please speak with Penny or John at nippers.

Key Nipper Dates:

Sunday 7th Feb – NASLSC Junior Club Championships
Sunday 21st Feb – last day of Nippers, Presentation U6 & U7s

26 – 28th Feb – Junior State @ Swansea Belmont

Please monitor our nippers FB page – North Avoca SLSC Nippers for announcements.

Administration

Website

If you haven't been to our new website, jump online and have a look. There is a heap of information on all areas of our operations, including some links to great training and public safety videos!

Helping out the Surf Club

Do you want to help more within the surf club but aren't sure how? Don't want to take on a committee role but want to help somewhere! We know our members have a range of really useful skills and we are always looking for people to take on roles within the Club. Those members that are willing to help out, even in the smallest of ways please get in contact with a Member of the Management Committee for more information. Every little bit of help is appreciate.

Office Hours

Mon – Wednesday; 9am – 2.30pm

Ph: 4384 3607

Email: office@northavoaslsc.com.au

Outside of office hours please visit our website, where I'm sure you will find the answers to the majority of your questions.

North Avoca Surf lifesaving Club - COVID-19 Update

As of **1 January 2021**, **Service NSW QR code check-ins** are compulsory for all hospitality venues and other similar businesses in NSW. This applies to our Sunday SIP's and any functions held at the Club. Under current NSW Government restrictions, our Club can host events up to a total of 45 people.

A huge thanks to all our Members who are now actively using the Service NSW QR code app. This provides a real administration saving for the Club, plus is the quickest way to contact you if there is ever an outbreak linked to our Club.

After visiting the club – don't forget to confirm your check out on the app.

If you have any specific COVID related questions for the Club, please email the office.

Any changes in the future will also be published on the Club's Facebook page and by email and/or in the Newsletter

For COVID-19 updates, please refer to the SLSNSW COVID link below, or for any specific questions not covered here, please email the office.

<https://www.surflifesaving.com.au/resources/coronavirus-covid-19-updates-resources-slsnsw-clubs>

If you want to know more about our Club check out our new Website www.northavoca.com.au