

# NORTH AVOCA NEWS

November 2020

## **PRESIDENT'S REPORT**

Our season is now well under way, and we thank all our members for their continued support and enthusiasm. We are pleased with our membership this year, with our overall membership registrations up for the 2020/21 season.

We have great depth of experience in our club, with many patrolling members hitting a major patrolling milestone in the 2019/20 season – 10, 15, 20, 25, 30 and 50years. While we were unable to get together to celebrate all these achievements, our Patrol Captains have proudly presented these awards, which were sponsored by Peter Richardson of 365 Assist who is sponsoring again for the 2020/21 season.



**North Avoca SLSC is proudly supported by:**

**Kim Jackson/Scott Farquhar & Family**

**The Estate of Juleen High**

**The Carusi Family**

**The Clitheroe Foundation**

**The Freedman Foundation**

**The Petre Foundation**

**The Redman Family**

**The Webb Family**

**365 Assist**

**Platinum Kitchen Appliances**

**Highgrove Bathrooms**

**Accom Property**

**Beachview Bookkeeping Services**

**Belle Property**

**BlueToro Mobile Mechanics**

**Breakers Country Club**

**Central Coast Luxury Homes**

**Central Coast Council**

**Crowne Plaza Terrigal**

**5 Star Swim School**

**Fortunity**

**Hollydene Wines**

**Hotel Gosford**

**Reline-A-Pipe Plumbing**

**Smith Construction**

**SLSCC, SLNSW, SLSA**

**NSW and Federal Governments.**



*Rick Parsons – 30 Years Active Patrol Service*

We look forward to bringing you members profiles in the upcoming newsletters.

On those bad weather days, we are fortunate to be able to patrol from our newly refurbished Patrol Tower. Lucy Wicks MP joined me to officially open at the commencement of our season. With a great view through our new windows to

our beautiful beach, with our sponsor flags proudly on display, it is not a bad place to be on those miserable days.

This work was funded partially by the Federal Government Infrastructure Grant and bequest from a local resident Julieen High, with new white goods and seating provided by Central Coast Council.

Thanks everyone – a worthy investment to help keep our beach safe 7 days a week during the season.

Due to COVID requirements, this season we moved to an online registration process. While there was the odd hiccup for some individuals, for the majority of our members it was a quick and easy process. We want to thank you for your patience as we moved, rather quickly to this new system.

Given the success of the online registration this year, we will continue this process in the coming seasons, with a few tweaks including access to our new website, more 'how to register online' information and a registration help day for these having difficulties.

Last season we implemented a Point of Sale System (POS) in the uniform shop and BBQ. We have now extended this to include our new card readers with great success. Our Bar will soon also go online with this POS system.

Feel free to leave your cash at home on a Sunday and use your card to buy a delicious sausage sandwich or pick up some stocking stuffers from our uniform shop, and soon a cool ale on the deck at SIPS. Let us know what you think!

Thank you for supporting these necessary changes to our Club!

We are pleased to announce that Nathan Emerson and Peter Waugh have jointly taken on the very important role of Director of Lifesaving. Both Peter and Nathan are Patrol Captains with many years of experience and knowledge between them. They both have some great ideas and are keen to support our active members.

Please join me in congratulating Nathan and Peter.

Matt Slattery  
President

## **Education**

ARTC Requal – Last opportunity to requal your ARTC  
Sunday 6<sup>th</sup> December  
4 -5 pm  
NASLSC  
Stick around for a drink on the deck at SIPS

Spinal Management  
13<sup>th</sup> December @ 1pm  
With Chris on Patrol 8

Time is running out for you to requal your awards, with awards expiring 31/12/20. All requals need to be completed by mid-December to allow time to be processed in Surfguard.

This includes the online Skills Maintenance Bronze Medallion and Surf Rescue Theory.

**If you do not complete all components of your requalification you will not be able to patrol until such time that you do and our youth, open and masters competitors will not be able to compete. T**

To access your assigned course please login to your Members Portal and select the elearning tab. If you do not have a members account set up and need assistance with this or accessing your elearning, please email Sharon in the [office@northavocaslsc.com.au](mailto:office@northavocaslsc.com.au) This is a requirement of SLS and must be done, so let's get onto it!!

Please see below SLSCC Education Calendar. If you are interested in developing your skills for the upcoming season, Email Sharon at [office@northavocaslsc.com.au](mailto:office@northavocaslsc.com.au) to register your interest prior to closure date listed below:

**Provide First Aid** on 13th of February 2021 – CLOSING DATE: 3rd of February @ 8pm.

**Silver Medallion Aquatic Rescue** on 10th/11th of April 2021 –CLOSING DATE: 4th of April @ 8pm.

**Silver Medallion Aquatic Rescue** on 8th/9th of May 2021 – CLOSING DATE: 2nd of May @ 8pm.

These courses are extremely popular, so get in quick if you are interested.

**The position of Director of Education remain vacant. If you are interested or would like more information regarding this role, please contact Keiren on 0418163639. The position of Director of Education remain vacant. If you are interested or would like more information regarding this role, please contact Keiren on 0418163639.**

## Life Saving

With our season well under way it is now time to think about our **Voluntary Xmas Day Patrol**. If you can give even a couple of hours, it would be greatly appreciated. The day is always a lot of fun. Please email [lifesaving@naslsc.com.au](mailto:lifesaving@naslsc.com.au) with your availability.

### Upcoming Patrols

05/12 Sat AM: 9 – 1 pm **PATROL 10**  
05/12 Sat PM: 1 – 5 pm **PATROL 1**  
06/12 Sun AM: 9 – 1 pm **PATROL 2**  
06/12 Sun PM: 1 – 5 pm **PATROL 4**

12/12 Sat AM: 9 – 1 pm **PATROL 5**  
12/12 Sat PM: 1 – 5 pm **PATROL 6**  
13/10 Sun AM: 9 – 1 pm **PATROL 7**  
13/10 Sun PM: 1 – 5 pm **PATROL 8**

Need a Patrol Swap – Join North Avoca Patrol swaps on FB. Please ensure every effort to arrange a swap is taken and give adequate notice to your patrol captain.

If you are yet to complete your practical and theory components of your award requalification's – then get on to it, TIME IS RUNNING OUT. Attend another patrol if you need to, to get this done. Further information in Education.

We would love to share some of your patrol photo's, so please snap away and forward to [office@northavocaslc.aom.au](mailto:office@northavocaslc.aom.au)



Patrol 6

## Surf Sports

### Training:

All levels of ability are catered for, but must be an active member and have BM

Current Coaching team: Gordon Crabb (0418 267 997) and Kim Findlay (0414 776 136)

COVID Marshall: Kim Findlay and Colleen Harrison

Wednesday 530am: Board: Terrigal car park

Friday 530am: Ski: Terrigal car park

Saturday 630am: Board: North Avoca

Sunday 630am: Ski: North Avoca

Boat crews are training Tues, Thurs and weekends from the Haven.

Please contact Alex Tkachenko (0408 851 356) to express your interest.

### Silver Salties program:

This is a new program launched this season with the intension on engaging returning and new over 65y/o members in Physical and wellbeing initiatives.

The first program is a Surf Swim group.

730 am: Tues, Thurs, Sat, Sun at the Haven. Johnno and Rick are contact points for each session.

Members and non-members welcomed.

Please contact Kim Findlay to register your interest.

Planning for a second program is underway.

### Draft Senior Calendar: - 2121 Dates still to be confirmed

Sat - 19 Dec - Board and Ski Series Rd 2

Sat - 16 Jan - Board and Ski Series Rd 3

Sun - 7th February. BRANCH MASTERS

Sun - 13th February. BRANCH PATROL COMPETITION.

5 - 6th March - STATE OPEN

16 - 18th April. AUSSIES YOUTH

19 - 20th April. AUSSIES MASTERS

21 - 25 April. AUSSIES OPENS

3 - 4th March. STATE MASTERS.

Director of surf sports Kim Findlay | 0414 776 136 | [surfsports@naslsc.com.au](mailto:surfsports@naslsc.com.au)



We are extremely excited to be taking on the shared role of Director of Lifesaving and appreciate that we have big shoes to fill. If you have any constructive thoughts that you would like to share or offers of additional assistance for this very important role, then please email [lifesaving@naslsc.com.au](mailto:lifesaving@naslsc.com.au)

Nathan Emerson and Peter Waugh

## Youth

Wednesday night we had 10 of our U17s complete their Bronze Medallion theory assessment. With only a few more practical assessments to complete, they soon will gain their Bronze Medallion Award.

We also have 8 of our Rookies preparing to complete their SRC Award this season. The future of our Club is in good hands with such a strong group of young Rookies and Cadets, paired with a wealth of experience of senior active members



*U17 SRC to BM squad*

On the competitive front we have seen an increase in numbers of our U17s competing at SLSCC carnivals, some for the very first time. We are awaiting for SLSCC to confirm the calendar for 2021 and we will share with you once this is published.

Thanks  
Josh Duggan

## Nippers

This season we introduced the 'Battle of the Beaches', a mini carnival with our neighbouring nippers south of the beach, Avoca SLSC. This involved our age groups from the U8s to the U14s. The feedback from both clubs has been positive and very encouraging. We hope to continue this into future seasons, and also involve our older age groups.



## XMAS PARTY

The last day of nippers for 2020 will be 13<sup>th</sup> December. This will be a Twilight Nippers commencing at 3pm. A BBQ upstairs on the deck and hot dogs for our nippers will be provided, within COVID restrictions. We are expecting the big man in red to also pay a visit. Age managers will be sharing details with their age groups.

This invitation is also open to our patrolling families.

If you are not on your age groups WhatsApp or TeamApp, please see them on Sunday. Important information is shared via these platforms.

Good luck to our U9 – U11 age groups who are competing this Sunday at their first SLSCC carnival for the season.

Please monitor our nippers FB page – North Avoca SLSC Nippers for announcements.

## ***A Bit of History***

Members are probably not aware that North Avoca was the first club on the Central Coast to have a Nipper program, known as the North Avoca Sandcrabs, which formed in 1965.

They contested the first ever State Titles at Bulli in 1966 with 29 other Clubs and were the only Central Coast Club represented.

Our best results were the March Past team coming 4<sup>th</sup> and our 12-year-old 'Chariot Team' also coming in 4<sup>th</sup>.

The following year saw other Central Coast clubs formed and the first ever Branch Titles, where our March Past team were the undisputed Champions!!

Rick Parsons  
Club Historian

## ***Sunday SIPS***

We would love to see you on our deck for Sunday SIPS, doors open at 5pm.

Bring your nibbles and bring a friend to enjoy together our beautiful North Avoca view and friendly atmosphere.

## ***North Avoca Surf lifesaving Club - COVID-19 Update***

If you are visiting the Sunday afternoon SIPS at the Club, please be aware that you MUST register using a QR code, and NOT manually. This is a NSW Government regulation for bars and similar facilities that came into effect from the 23<sup>rd</sup> November. Registration QR codes can be scanned at the bottom and top of the stairs.

This process is pre-populated with some information, so you only need enter you name and mobile number. The information is stored securely with Service NSW and no information is shared with the club.

This does however require you to have the Service NSW App downloaded on your phone. If not, simple pick up a pen and keep registering manually.

For COVID-19 updates, please refer to the SLSNSW COVID link below, or for any specific questions not covered here, please email the office.

<https://www.surflifesaving.com.au/resources/coronavirus-covid-19-updates-resources-slsnsw-clubs>



---

PO Box 182  
Terrigal NSW 2260  
Phone: (02) 4384 3607  
Email: [office@northavocaslsc.com.au](mailto:office@northavocaslsc.com.au)  
Web: [www.northavocaslsc.com.au](http://www.northavocaslsc.com.au)

Dear Members,

Greetings!! As a member, and life member of North Avoca SLSC I have a special request please.

I have been given the task of finding ,organising , sorting, cataloguing and storing any historical documents, books, articles of interest, clothing, annual reports, photos and basically anything of interest pertaining to the history of our club.

To this end can I please request you to check through your files, photo albums, cupboards, bookshelves, storage boxes, drawers in garages etc.

If you find ANYTHING and you no longer need or would be happy to donate, or COPY, it would be most appreciated.

I would love anything pre 1990 as the amount of information I have from this era is very small. ALSO from that point on we are also lacking.... we tend not to worry about what has happened recently and unfortunately it then becomes too late when we eventually try to source relevant and important material.

I would be incredibly pleased to receive anything of interest from the last 20 YEARS.

ALSO, if anyone would like to put pen to paper to relate any interesting, funny, sad, or factual details that also would be most welcome.

Happy to chat to anyone and will definitely look forward to any responses.

Best Regards

Rick Parsons  
Club Historian  
Life Member  
Email [rick.parsons104@gmail.com](mailto:rick.parsons104@gmail.com)