

NORTH AVOCA NEWS

30/09/2020

PRESIDENT'S REPORT

Our Patrol season has officially begun, with the red and yellow flags going up Saturday 6th September. As we go into the school holiday period, I would like to remind our members and community to always swim between the flags, "if we can't see you, we can't save you".

Thank you to our members who assisted with our Club's Working Bee on Saturday 19th September. All your hard work allowed us to be ready for the opening of the Patrol Season. Let's now keep it tidy!



North Avoca SLSC is proudly supported by:

Kim Jackson/Scott Farquhar & Family

**The Estate of Juleen High
The Carusi Family**

**The Clitheroe Foundation
The Freedman Foundation**

**The Petre Foundation
The Redman Family
The Webb Family**

365 Assist

**Platinum Kitchen Appliances
Highgrove Bathrooms**

Accom Property

Beachview Bookkeeping Services

Belle Property

BlueToro Mobile Mechanics

Breakers Country Club

Central Coast Luxury Homes

Central Coast Council

Crowne Plaza Terrigal

5 Star Swim School

Fortunity

Hollydene Wines

Hotel Gosford

Reline-A-Pipe Plumbing

SLSC, SLNSW, SLSA

NSW and Federal Governments.



Our website is currently undergoing a makeover and it looks great! We look forward to it going live very soon.

There is plenty of new, up to date information on all areas of our Club operations as well as links to our social media and some interesting Club news.

Thank you to Kate Harrison, Jackie Sproll and the Sticky Green Frog team for their efforts in creating this new website.

What to get more involved in the club as a volunteer?

As the season kicks off, we have several smaller vacant roles where we are looking for additional volunteers of any age. Some roles include:

- Assistant Supporters Manger. Working with the Supporters Manager, this is a great opportunity to assist and eventually lead parts of the sponsorship function in the Club. A great opportunity to learn and develop skills in this area, whilst helping the future viability and success of our club.
- Assistant COVID-19 coordinator. If you are interested in public health or just want to help out and learn, this is a simple but vital role that will be with us for a number of years.

If you have 2-3 spare hours a month and want to contribute back to your Surf Club in a different way, consider reaching out to Sharon in the office, or email supporters@naslsc.com.au

Matt Slattery
President

Life Saving

2020/21 Season is now underway and we are excited ☺ Patrol Roster and Patrol team lists can be viewed in our North Avoca Document Library via your member's portal;

<https://members.sls.com.au/SLSA Online/modules/login/index.php#>

This season we are required to complete our Skills Maintenance Bronze Medallion and Surf Rescue Theory online. To access your assigned course please login to your Members Portal and select the elearning tab. If you do not have a members account set up and need assistance with this or accessing your elearning, please email Shaz in the office@northavocaslsc.com.au This is a requirement of SLS and must be done, so let's get onto it!!

If you are unable to patrol this season, please contact your Patrol Captain ASAP.

Upcoming Patrols

03/10 Sat AM:	9 – 1 pm	PATROL 7
03/10 Sat PM:	1 – 5 pm	PATROL 8
04/10 Sun AM:	9 – 1 pm	PATROL 9
04/10 Sun PM:	1 – 5 pm	PATROL 10
05/10 Mon AM:	9 – 1 pm	PATROL 11
05/10 Mon PM:	1 – 5 pm	PATROL 2
10/10 Sat AM:	9 – 1 pm	PATROL 1
10/10 Sat PM:	1 – 5 pm	PATROL 3
11/10 Sun AM:	9 – 1 pm	PATROL 4
11/10 Sun PM:	1 – 5 pm	PATROL 5

Need a Patrol Swap – Join North Avoca Patrol swaps on FB and email details to office to be included in the fortnightly newsletter. Please ensure every effort to arrange a swap is taken and give adequate notice to your patrol captain.

The positions of Director of Life Saving and Director of Education remain vacant. If you are interested or would like more information regarding these roles, please contact Keiren on 0418163639.

Education

SLSCC have finalized their calendar for the upcoming 2020/21 season. If you are interested in developing your skills for the upcoming season, Email Sharon at office@northavocaslsc.com.au to register your interest prior to closure date listed below:

Silver Medallion Beach Management on 24th of October 2020 – CLOSING DATE: 18th of October @ 8pm.

Provide First Aid on 31st of October 2020 – CLOSING DATE: 21st of October @ 8pm. (Currently full, taking names for waiting list)

Gold Medallion on 21st of November 2020 – CLOSING DATE: 15th of November @ 8pm.

Provide First Aid on 13th of February 2021 – CLOSING DATE: 3rd of February @ 8pm.

Silver Medallion Aquatic Rescue on 10th/11th of April 2021 – CLOSING DATE: 4th of April @ 8pm.

Silver Medallion Aquatic Rescue on 8th/9th of May 2021 – CLOSING DATE: 2nd of May @ 8pm.

These courses are extremely popular, so get in quick if you are interested.

Youth

Upcoming Youth Calendar October:

4th October AM – Youth (15-17s) Patrol 10
5th October PM – Rookie (13-14s) Patrol 2
6th October – Nominations for the SLSCC 14s Youth Development Day (31st Oct) Close
6th October – Nominations for the SLSCC 15-17s Youth Leadership Program (starts 21st Oct) Close
12th October – SLSCC Development Day Nominations Close
17th October – U14 to Masters carnival
21st October – SLSCC Leadership Program Session 1
24th October – U12 – Open Carnival
25th Oct – NA Jnr Club Captains announcement
31st October – SLSCC 14s Development Day

With the Coolangatta Gold cancelled this year, a virtual Coolangatta Challenge has been implemented. There are both Junior challenges for the U12-U14s and Youth Challenge for the U15 – U17s. You have been 16/10 – 25/10 to complete your course. If you are interested click on the link for more information and to register, entry is free. Let me know if you are interested and we can arrange complete as a group, supporting each other.

<https://sls.com.au/coolangattagold/virtual/>

Thanks
Josh Duggan

Nippers

Proficiency Swims

U6 – U8s 18th October @ 5 Star Swim Centre Kerta Rd
U6's between 9 – 10am
U7 – U8's between 10 – 11am
U9 – U14's 18th October @ The Haven 12 – 1.30pm

Nippers will commence on Sunday 25th October

Please monitor our nippers FB page – North Avoca SLSC Nippers for announcements.

Surf Sports

Overview Senior Surf sports training and competition information:

Director of surf sports Kim Findlay | 0414 776 136 | surfsports@naslsc.com.au

Returning and new members are strongly encouraged to join the program/ team.

All levels of ability are catered for, but must be an active member and have BM

Training: Official Senior training will resume 22nd September

Current Coaching team: Gordon Crabb (0418 267 997) and Kim Findlay (0414 776 136)

COVID Marshall: Kim Findlay and Colleen Harrison

Wednesday 530am: Board: Terrigal car park

Friday 530am: Ski: Terrigal car park

Saturday 630am: Board: North Avoca

Sunday 630am: Ski: North Avoca

Boat crews are training Tues, Thurs and weekends from the Haven.

Please contact Alex Tkachenko (0408 851 356) to express your interest.

Silver Salties program:

This is a new program launched this season with the intension on engaging returning and new over 65y/o members in Physical and wellbeing initiatives.

The first program is a Surf Swim group.

730 am: Tues, Thurs, Sat, Sun at the Haven. Johnno and Rick are contact points for each session.

Members and non-members welcomed.

Please contact Kim Findlay to register your interest.

Planning for a second program is underway.

Draft Senior Calendar:

Sat - 17th October. U14 - Masters Carnival. Venue TBC.

Sat 14 Nov. Nutty masters.

Sat 21 Nov. Scotts Head

Sat - 28th Nov - board and ski series Rd 1

Sat 5th Dec – U14 - Masters carnival. TBC

Sat - 19 Dec - Board and Ski Series Rd 2

Sat - 16 Jan - Board and Ski Series Rd 3
Sun - 7th February. BRANCH MASTERS
Sun - 13th February. BRANCH PATROL COMPETITION.
5 - 6th March - STATE OPEN
16 - 18th April. AUSSIES YOUTH
19 - 20th April. AUSSIES MASTERS
21 - 25 April. AUSSIES OPENS
3 - 4th March. STATE MASTERS.

Supporters Update

New Nipper Flags Silver Sponsor

For those who have complained about our Nippers Age Group flags showcasing a long defunct restaurant in Terrigal, we have some great news!

Highgrove Bathrooms have become our exclusive Age Group Flags Silver Sponsor. Highgrove Bathrooms is an Australian owned, family-run company that provides a wide range of premium, on trend bathroom products with great prices to match. With over 40 branches Australian wide they have become a well-known household name. You can review their extensive catalogue at www.highgrovebathrooms.com.au or pop into their huge showroom on Manns Road in West Gosford.

With more of us spending time at home this year, what a great time to create your dream bathroom! The owners of Highgrove Bathrooms Gosford are Coasties themselves and would love to offer our members 5% off their next order and free delivery (on the Central Coast) for orders over \$500 - simply mention North Avoca Surf Lifesaving Club when you place your order (valid for 2020 only).



Looking for our inaugural SurfBoat Silver Sponsor

A number of you will have seen our surfboat out on the water at both Terrigal beach and the Avoca lagoon recently. The number of rowers in our Club is increasing, from our youth right through to our masters. This is an opportunity to become the first ever sponsor for our boat and proudly have it carry the signage of your business.

Please contact Duncan on 0419 223 389 or at supporters@naslsc.com.au if you are interested in having a chat about this sponsorship opportunity for your business.

North Avoca Surf lifesaving Club - COVID-19 Update

Managing all aspects of the current COVID-19 regulations across a volunteer led surf club, is quite a task. To all our members we ask that you ensure you register your attendance at the Club or Club events (manually or electronically) and follow all signs and also the regulations set down by the NSW government. This includes ensuring you do not visit the Club or Club events if you are sick, maintaining proper hand hygiene and social distancing. If there are any specific questions on the Club's management of COVID-19, please contact the leader of that section of the Club or email the office.

We have introduced a new contactless COVIDSafe option for checking into our premises.

This new process is pre-populated with some information, so you only need enter you name and mobile number. The information is stored securely with Service NSW and no information is shared with the club.

This does however require you to have the Service NSW App downloaded on your phone. If not, simply pick up a pen and keep registering manually.

For COVID-19 updates, please refer to the SLSNSW COVID link below, or for any specific questions not covered here, please email the office.

<https://www.surflifesaving.com.au/resources/coronavirus-covid-19-updates-resources-slsnsw-clubs>

Registrations Now Open

We are asking all our exiting members to renew their membership online via their Members Portal. Please refer to Registration Process for Renewing Members further down.

Renewing your membership involves two steps;

1. Renewal of Membership (or family membership)
2. Making Payment

Please ensure that you do both steps as the office can not endorse your renewal without both being completed.

REGISTRATION PROCESS

Renewing Members

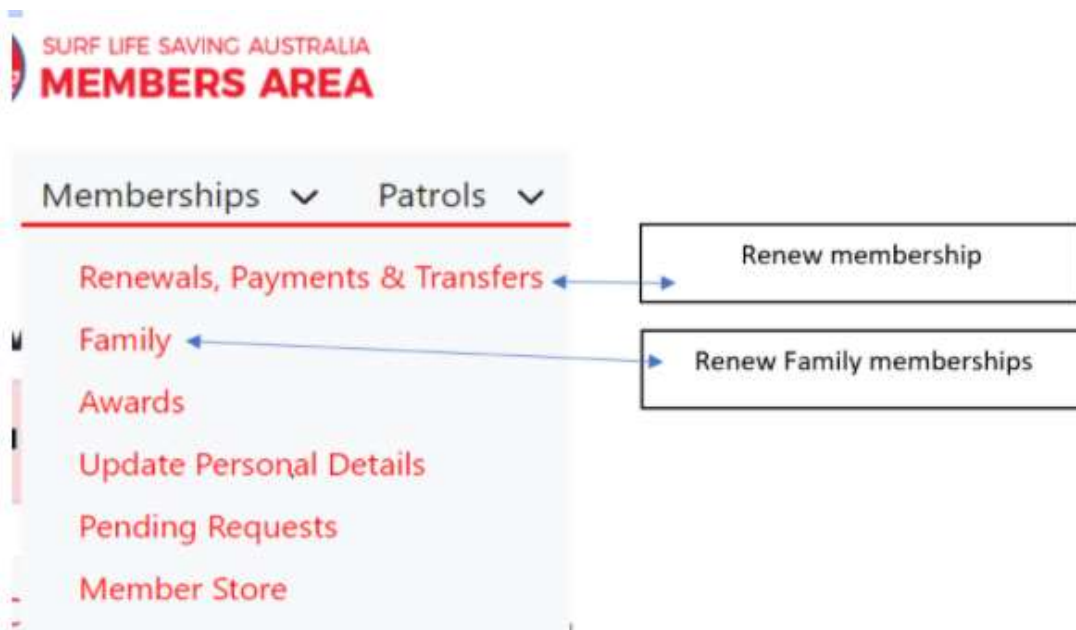


This season North Avoca SLSC will be following a COVID safe registration process.

Existing Members

We are asking all our existing members to renew online via the **SLSA Members Portal**

- Log on to your Members Portal <https://members.sls.com.au/SLSA Online/modules/login/index.php>
- Go to the Membership tab dropdown and follow the prompts
- Active kids vouchers MUST be submitted at the time of your REGISTRATION, so have your voucher available
- In most cases family groups have already been created, renew as a family by selecting Family in the drop down. Family groups can be created, added to or changed, refer to below user guide
- **Ensure you complete the payment section – Membership is NOT complete without payment**



- Follow the link to the Renewal guide: <https://www.manula.com/manuals/surf-life-saving-australi/members-area/1/en/topic/memberships>

Email office@northavocaslsc.com.au if you require assistance