

NORTH AVOCA NEWS

23/12/2020

PRESIDENT'S REPORT

Last week, I met with our local state MP Adam Crouch and received a cheque for the almost \$23,000 to go towards a new Audio/Visual system and associated sound-proofing work on our main hall. This will greatly simplify and improve our A/V system which is used for various Club activities. In addition, this will make our facility more attractive for Club member's gatherings as well as Community events.



Last night the club president's met on zoom to discuss the current health situation in NSW. Currently all clubs outside of the "Northern Beaches cluster" will continue to provide patrols to beaches.

We have a branch team monitoring the situation over the holiday period and we will update our members should there be any change in the current guidelines. This will be supported by any advice from the NSW health and SLSNSW.

Any concerns in relation to patrols please direct to Nathan, Peter, Keiren or myself.

I would like to take this opportunity to wish all our members and family a Merry Christmas and Happy Holidays. When visiting the beach, remember to always swim between the flags and stay safe on the beach!

Matt Slattery
President

North Avoca SLSC is proudly supported by:

Kim Jackson/Scott Farquhar & Family

The Estate of Juleen High

The Carusi Family

The Clitheroe Foundation

The Freedman Foundation

The Petre Foundation

The Redman Family

The Webb Family

365 Assist

Platinum Kitchen Appliances

Highgrove Bathrooms

Accom Property

Beachview Bookkeeping Services

Belle Property

BlueToro Mobile Mechanics

Breakers Country Club

Central Coast Luxury Homes

Central Coast Council

Crowne Plaza Terrigal

5 Star Swim School

Fortunity

Hollydene Wines

Hotel Gosford

North Avoca General Store

Reline-A-Pipe Plumbing

Smith Construction

SLSC, SLSNSW, SLSA

NSW and Federal Governments.

Life Saving

Christmas Day Patrol – Volunteers Needed

Request for Christmas Day patrol volunteers

If you can spare an hour or two throughout the day it would be greatly appreciated.

We still require an IRB driver for set up and the morning shift until 10am. Your time would be greatly appreciated.

Please Send through your availability to:

Nathan – 0488 046 228

Peter – 0423 255 111

lifesaving@naslsc.com.au

New Patrolling members

Congratulation to our newest BM members, Paul, Harry, Jade, Grant and Mark who recently completed their awards. Also our 10 cadets who upgraded from their SRC to BM awards. We look forward to seeing you on patrol.

COVID Box

All patrols must have the COVID box accessible on every patrol and to utilize the contents when attending to members of the public.



Club Security

There has been an increase in the amount of strangers and non-members observed around the club. We would appreciate it if we could all be more vigilant and ensure that the roller door is pulled down once the beach is set up and the front glass doors remain locked.

Upcoming Patrols – please note we have moved to Holiday Hours

25/12 Friday – VOLUNTEERS

26/12 Sat AM:	9 – 1.30 pm	PATROL 2
26/12 Sat PM:	1.30 – 6 pm	PATROL 3
27/12 Sun AM:	9 – 1.30 pm	PATROL 4

27/12 Sun PM:	1.30 – 6 pm	PATROL 5
28/12 Mon AM	9 – 1.30 pm	PATROL 6
28/12 Mon PM:	1.30 – 6 pm	PATROL 7

01/01 Frid AM:	9 – 1.30 pm	PATROL 8
01/01 Frid PM:	1.30 – 6 pm	PATROL 9
02/01 Sat AM:	9 – 1.30 pm	PATROL 11
02/01 Sat PM:	1.30 – 6 pm	PATROL 1
03/01 Sun AM:	9 – 1.30 pm	PATROL 10
03/01 Sun PM:	1.30 – 6 pm	PATROL 2

Need a Patrol Swap – Join North Avoca Patrol swaps on FB and email details to office to be included in the fortnightly newsletter. Please ensure every effort to arrange a swap is taken and give adequate notice to your patrol captain.

Patrol Roster and Patrol team lists can be viewed in our North Avoca Document Library via your member's portal;

https://members.sls.com.au/SLSA_Online/modules/login/index.php#

Reminder that your practical requal and Skills Maintenance Bronze Medallion and Surf Rescue Theory online component must be completed by 28/12 to allow time for your award requal to be entered prior to the 31st Dec expiry. To access your assigned course please login to your Members Portal and select the elearning tab. This is a requirement of SLS and must be done, so let's get onto it!!

NO Requal – NO Patrol and NO Competition!!

Education

SLSCC calendar for the remainder of the 2020/21 season.

Provide First Aid on 13th of February 2021 – CLOSING DATE: 3rd of February @ 8pm.

Silver Medallion Aquatic Rescue on 10th/11th of April 2021 –CLOSING DATE: 4th of April @ 8pm.

Silver Medallion Aquatic Rescue on 8th/9th of May 2021 –CLOSING DATE: 2nd of May @ 8pm.

In addition, SLSNSW in conjunction with SLSCC are looking are holding an **Assessor Course** for members wishing to become an Assessor for surf awards such as Bronze Medallion an SRC.

If you are interested in any of the above courses, email Sharon at office@northavocaslsc.com.au to register prior to closure dates listed below:

Please ensure that all active Bronze medallion and SRC members complete the online Skills Maintenance theory component of your award requalification.

The position of Director of Education remains vacant. If you are interested or would like more information regarding this role, please contact Keiren on 0418163639

Surf Sports

Training:

No Official training from 23/12 to 4/1/21

All levels of ability are catered for, but must be an active member and have BM.

Current Coaching team: Gordon Crabb (0418 267 997) and Kim Findlay (0414 776 136)

COVID Marshall: Kim Findlay and Colleen Harrison

Wednesday 530am: Board: Terrigal car park

Friday 530am: Ski: Terrigal car park

Saturday 630am: Board: North Avoca

Sunday 630am: Ski: North Avoca

Boat crews - Please contact Alex Tkachenko (0408 851 356) to express your interest.

Silver Salties program:

This is a new program launched this season with the intension on engaging returning and new over 65y/o members in Physical and wellbeing initiatives.

The first program is a Surf Swim group.

730 am: Tues, Thurs, Sat, Sun at the Haven. Johnno and Rick are contact points for each session.

Members and non-members welcomed.

Please contact Kim Findlay to register your interest.

Planning for a second program is underway.

Senior Calendar:

Sat 16th Jan - Board and Ski Series Rd 3 @ North Entrance

Sun 24th Jan – NASLSC Club Champs **Juniors to Seniors**

Sat 6th Feb – Branch Opens @ Shelly

Sun 7th Feb – Branch Masters @ Shelly

Frid 12th Feb – Branch Patrol & Champion Lifesaver Theory

Sun – 14th Feb – Branch Patrol & Champion Lifesaver Practical

5 – 7th March – State Open @ Swansea Belmont

11 – 14th March – State Masters and Lifesaving @ Swansea Belmont

16 – 18th April – Aussies Youth

19 – 20th April – Aussies Masters

21 – 25th April – Aussies Open

If you wish to attend Branch, State or Aussies please email me your interest ASAP

Director of surf sports Kim Findlay | 0414 776 136 | surfsports@naslsc.com.au

Youth

Congratulations to 10 of our U17s who have recently been awarded their new Bronze Medallions, and 8 of our U14s - U15s who have been awarded their Surf Rescue Certificates. We look forward to further educating and mentoring you on your patrols.

Youth Calendar:

Sat 16th Jan - Board and Ski Series Rd 3 @ North Entrance

Sun 24th Jan – NASLSC Full Club Champs **Juniors, Open Seniors**

Sat 6th Feb – Branch Opens @ Shelly

Frid 12th Feb – Branch Patrol & Champion Lifesaver Theory

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16 – 18th April – Aussies Youth

21 – 25th April – Aussies Open

If you wish to attend Branch, State or Aussies please email me your interest ASAP

Please monitor WhatsApp for training dates during the holiday period.

Thanks
Josh Duggan

Nippers



Merry Christmas

Thank you to all those who helped at our Xmas Party on the 13th December. All those who attended had a great afternoon, on the beach and afterwards, enjoying a sausage and a drink on the deck. Thank you to the big guy in Red who took time out of his busy schedule to spend time with our nippers.

North Avoca Nippers would like to wish all our families a very Merry Christmas. Keep safe and we look forward to seeing you all back on the beach in 2021.

Key Nipper Dates:

- 2nd Jan - Gardner Iron Person (entries closed)
- 12th Jan - Training resumes
- 10th Jan – U8 – U15 Junior Carnival @ Umina
- 17th Jan - Nipper resumes
- 23rd Jan – NPJIP (Beach TBC)
- 24th Jan – NASLSC Full Club Champs **Juniors, Open Seniors**
- 31st Jan – Junior Branch @ Copa
- 26 – 28th Feb – Junior State @ Swansea Belmont

Please monitor our nippers FB page – North Avoca SLSC Nippers for announcements.

Office Hours over the Holiday Period

The office will be **closed from the 4th January to the 14th January 2021**, but don't worry, the answers to most of your questions can be found on our new website www.northavoca.com.au

If you haven't been on to the website, jump online and take a look. It has heaps of information on Nippers, Patrols, Surf Sports, Education as well as the latest NA SLSC News. The contact emails of our Club and Junior committee can also be found there, to assist you with directing any further queries to the relevant Club Director.

Supporters Update

Thanks to Volunteering Australia. We recently received a \$2400 grant from Volunteering Australia which is to cover the incremental COVID costs we have incurred as a Club this season. This includes our purchasing of a range of COVID supplies as well as some new social distancing bollards and sanitisation stations.

Welcome to two new Sponsors to the Club.

Smith Construction Australia are supporting us as a new Bronze sponsor. Many of you will already know Club members Penny and Geeb. Smith Construction Australia are a Central Coast builder with a reputation for excellent customer service, offering design services, new homebuilding, renovations and repairs. Geeb Smith has over 35 years of construction experience and leads a team of dedicated tradespeople. Call Geeb directly for a quote on 0408 207 088.

The General Store North Avoca are also a new Bronze sponsor. I know most of us are thrilled we now have a General Store in North Avoca and are keen to support this local business. Andy, Tania and family are very proud to be a part of the North Avoca community, and would like all Members to know that they will be open on Christmas Day from 7am to 11.30am to assist with those last minute things that we all forget! Plus they will have a pallet of ice out the front of the General Store from Christmas Eve on.



If you are considering becoming a Sponsor of our Club for this season, it's not too late! There is one spare spot left before we completely fill our main beach walkway with flags. Sponsorships start from \$660 per annum and details are available from Duncan at Supporters@naslsc.com.au or on 0419 223 389

Merry Christmas.....Duncan

North Avoca Surf lifesaving Club - COVID-19 Update

In this every changing environment of COVID it is extremely important that we all maintain the basic COVID disciplines of social distancing, hand hygiene plus not coming to the Club if you are sick in any way.

Usage of the QR codes for registration at the Club for the bar and Club events is now mandated by the NSW Government regulations. So we encourage all our members to download the Service NSW app on their phone. This app allows for registration of family dependants which is a great new feature.

For those who are hesitant to set up a Service NSW on-line account, an incentive should be that the \$100 NSW Government vouchers for every resistant will be available through this Service NSW App. In addition, as announced today by the NSW Government, NSW business will now be required to use the Service NSW QR code.

Any changes in the future will also be published on the Club's Facebook page and by email and/or in the Newsletter

For COVID-19 updates, please refer to the SLSNSW COVID link below, or for any specific questions not covered here, please email the office.

<https://www.surflifesaving.com.au/resources/coronavirus-covid-19-updates-resources-slsnsw-clubs>

Have a great Christmas on the beach, and if you want to know more about our Club check out our new Website

www.northavoca.com.au