

North Avoca SLSC FAQs

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1. General

1.1. How do I contact the Office of North Avoca SLSC?

Phone: 02 43 843602

Email: office@naslsc.com.au

1.2. How do I become a member of North Avoca SLSC?

1.2.1. Returning member

Wanting to renew your membership, please visit our [Members Services Page](#)

1.2.2. New Member

We welcome all new members at North Avoca SLSC, if you would like to become a member please head to our [Members Services Page](#)

1.3. Who is the best person to contact?

Please visit our [Contact Us](#) page

1.4. How can I find out information on COVID safe SLSC?

Access the SLSNSW Coronavirus (COVID-19) Updates [HERE](#)

1.5. How do I find updates from the club?

All updates/ cancellations for club events will be posted on;

1.5.1. [North Avoca SLSC](#) Facebook Page

1.5.2. North Avoca SLSC Instagram Page

1.5.3. Social media feeds on the [North Avoca SLSC](#) website homepage.

1.6. How do I view the club newsletter?

Please visit our [life Saving](#) Page for all of our current seasons Newsletters

1.7. How do I access the members portal?

Access the members portal by clicking [HERE](#)

1.8. How do I become a supporter or sponsor of North Avoca SLSC?

North Avoca SLSC always welcomes new supporters and sponsors. Without our sponsors we would not be able to continue to run our club effectively and purchase much needed lifesaving equipment to help protect our community.

For more information on our supporters and sponsorship programs please visit our [Sponsors page](#) or contact us supports@naslsc.com.au

1.9. How can I get more involved in the club as a volunteer, who can I speak to about it?

North Avoca SLSC is always looking for new volunteers to help out, if you are interested in becoming a volunteer or joining the committee please email our club president president@naslsc.com.au or the office office@naslsc.com.au

1.10. Does North Avoca Surf Club have SIPS of a Sunday? Can I bring visiting relatives or friends?

Absolutely!

All of our members, families, friends and wider community are welcome to join us for SIP of a Sunday afternoon upstairs in the club house and on the balcony overlooking the glorious North Avoca Beach from 5pm-7pm.

2. Life Saving/ Patrols

2.1. How do I get a patrol swop?

Through the [NASLSC patrol swop](#) Facebook page and/or

Email our club administrator office@naslsc.com.au to put a notice on the fortnightly newsletter.

2.2. How do I know what patrol I am on?

At the beginning of each new patrolling season, the patrol roster and members are emailed to patrolling members from our Director of Life Saving.

If you have not received the current season patrol roster please email, lifesaving@naslsc.com

2.3. How do I know what dates my patrol is rostered on for?

Please select **Patrol Roster on our Life Saving Page** to see the current season's patrol roster

2.4. What time does Patrol Start and Finish?

Our hours of volunteer patrols vary slightly according to the time of the year:

2.4.1. Outside of Christmas School Holidays
Patrols operate between 9am and 5pm.

2.4.2. During Christmas School holidays
Patrols operate between 9am and 6pm

2.5. What months of the year do patrol members, patrol North Avoca Beach?

Volunteers patrol North Avoca beach all weekends and public holidays between September school holidays and Anzac Day or the last weekend of the Easter School Holiday (whichever is the later).

2.6. I'm not overly confident in the ocean but would like to join a patrol. Is this possible?

Yes!

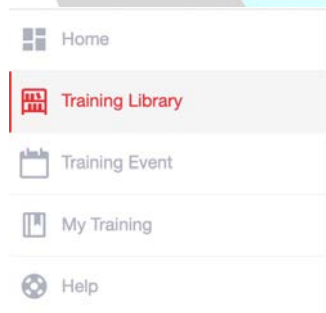
On every patrol there are a variety of roles that need to be filled including First Aid officers and radio operators. Members who aren't yet confident in the ocean can gain the qualifications and, in these areas, whilst building their skills in the ocean.

2.7. How can I see what courses I can participate in?

Log into the members portal by clicking [HERE](#)

Then select '**eLearning**' from the tool bar at the top of the page

Once you are in your '**eLearning**' page from the left-hand menu select **Training Library**.



Available courses for you to complete should then appear.

Any questions please email our Director of Education:

education@naslsc.com.au

2.8. I would like more information on completing my Bronze Medallion. Who should I contact?

North Avoca embraces any new or existing members wanting to complete their bronze medallion and join one of our volunteer patrols.

For more information on the bronze medallion course you can:

- ⇒ Log into the members portal by clicking [HERE](#) and navigating to the 'Training Library' (ref 2.7 on how to navigate to the training library)
- ⇒ View the [Bronze Medallion \(BM\) Learner Guide](#) located in the document library in the members portal.
- ⇒ Contact our Director of Education education@naslsc.com.au or our office office@naslsc.com.au

2.9. When is the next Bronze Medallion course scheduled to start?

You can view when our next bronze course is beginning by visiting our **Club Calendar**.

You can also contact our Director of Education education@naslsc.com.au or our office office@naslsc.com.au

3. Nippers

3.1. How long does nippers go for?

3.1.1. Months that our Nipper program runs at North Avoca

Our Nipper program runs mid- October to March with a break over the Christmas and New Year period.

3.1.2. Nippers is held on a Sunday morning

3.1.2.1. Under 6 and Under 7s

Our program runs from 9am to 10am each Sunday

3.1.2.2. Under 8s and older

Our program runs from 9.30am to 11am each Sunday

3.2. How do I find out who my age manager is and how to contact them?

Visit our Nippers Page on our website and select our **Age Managers** page to see our current seasons Nippers Age Managers and how to connect with them.

3.3. How do I know what age group my child is in for nippers?

Visit the Nipper page under and select our **Age Groups** page to see what age group your nipper will be in for this current season

3.4. Where do I find out if nippers or a carnival is cancelled?

All updates/ cancellations for club events will be posted on;

- 3.4.1. [North Avoca SLSC Nippers](#) Facebook Page
- 3.4.2. North Avoca SLSC Instagram Page
- 3.4.3. Social media feeds on the [North Avoca SLSC](#) website homepage.

3.5. When do I have to wear a pink rash vest?

Pink Fluro rash vests (some events such as State or Australia titles may provide competitors with a different colour Fluro vest, that vest may be worn during that specific event) must be worn for all Sunday nippers, club scheduled training and all competition events.

3.6. Do I have to wear a club skull cap during competition?

Competition caps, colours and designs, must be approved and registered with the relevant State Centre and SLSA. Only registered colours and designs shall be permitted to be worn. In team events competitors must wear matching cap (and/or helmet) colours and design.

3.7. I lost my competition club cap how do I order a new one?

To order a new skull cap, please visit our online uniform shop. If you are able to locate a skull cap and a competition is near you can also contact our club office office@naslsc.com.au

3.8. How do I order any new uniforms?

To order a new club or competition uniforms, please visit our online **Shop** to purchase new club, competition and patrol uniforms

You can also contact our club office office@naslsc.com.au with any further questions.

4. Surf Sports

4.1. Where do I find out if a carnival is cancelled?

All updates/ cancellations for club events will be posted on;

- 4.1.1. [North Avoca SLSC](#) Facebook Page
- 4.1.2. North Avoca SLSC Instagram Page
- 4.1.3. Social media feeds on the [North Avoca SLSC](#) website homepage.

4.2. What are the minimum patrolling hours required to compete in any surf sports competitions?

To be eligible to compete for North Avoca SLSC in any carnivals you must:

- 4.2.1 Hold a current bronze medallion
- 4.2.2 Competed a minimum of 25 hours by the 31st December of the current season.

4.3. When do I have to wear a pink rash vest?

Pink Fluro rash vests (some events such as State or Australia titles may provide competitors with a different colour Fluro vest, that vest may be worn during that specific event) must be worn for all club scheduled training and all competition events.

4.4. Do I have to wear a club skull cap during competition?

Competition caps, colours and designs, must be approved and registered with the relevant State Centre and SLSA. Only registered colours and designs shall be permitted to be worn. In team events competitors must wear matching cap (and/or helmet) colours and design.

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To order a new skull cap, please visit our online uniform shop. If you are able to locate a skull cap and a competition is near you can also contact our club office office@naslsc.com.au

4.6. How do I order any new uniforms?

To order a new club or competition uniforms, please visit our online **Shop** to purchase new club, competition and patrol uniforms

You can also contact our club office office@naslsc.com.au with any further questions.

4.7. How do I know which age group I am in?

Each area of surf sports has specific age groups that apply to that event.

4.7.1. If you are a nipper competitor

Please visit our **Nipper Age Group** page

4.7.2. If you are a Youth competitor

Please visit our **Surf Sports Age Group** page

4.7.3. If you are a Senior/ Master competitor

Please visit our **Surf Sports Age Group** page

4.7.4. If you are an IRB competitor

Please visit our **Surf Sports Age Group** page

4.7.5. If you are a Boat Crew competitor

Please visit our **Surf Sports Age Group** page

For more information refer to [Surf Sports Manual \(36th edition\) August 2020 update](#) found on the [members portal](#).

You can also contact our Director of Surf Sports at surfsports@naslsc.com.au