

# NORTH AVOCA NEWS

26/06/2020

## ***North Avoca Surf Lifesaving Club - COVID-19 Update for July 1<sup>st</sup>, 2020***

We are delighted to announce the partial re-opening of the Club effective from July 1<sup>st</sup>, 2020.

This partial re-opening will provide for the following;

- Club meetings, education and training sessions plus Pilates and dance classes can be held in the main upstairs room, subject to the current COVID-19 restrictions.
- The Club gym will be usable by members only, again with clearly signposted COVID-19 restrictions for all gym users.
- The bar and Sunday SIPS will first re-open on Sunday July 19th.

Other areas of the Club remain closed. This includes the patrol room, first aid room, downstairs bathrooms and showers (please use the outside Council bathrooms) and the general gear area.

Please note that on entering the Club, please use the hand sanitiser at the front door and sign in on the sheet provided. We also recommend that you have the COVID Safe application installed on your phone.

If any member has COVID-19 related questions not answered above, please email or call the office (Monday to Wednesday).

Any changes in the future will also be published on the Club's Facebook page and by email and/or in the Newsletter. We are already working on a new COVID-19 safe registration process for when the season starts up again.

## ***NORTH AVOCA AWARDS***

We would like to congratulate all our award winners that have been announced over the last few Sunday's, all extremely worthy recipients. Continue to stay tuned to FB as more award winners are announced 4pm this Sunday. We look forward to when we can come together to celebrate all of these amazing achievements. A full list of award winners will feature in our next newsletter.



***North Avoca SLSC is proudly supported by:***

***Kim Jackson/Scott Farquhar &  
Family***

***The Estate of Juleen High  
The Carusi Family***

***The Clitheroe Foundation  
The Freedman Foundation***

***The Petre Foundation  
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***BlueToro Mobile Mechanics***

***Breakers Country Club***

***Central Coast Luxury Homes***

***Central Coast Council***

***Crowne Plaza Terrigal***

***Fortunity***

***Gosford Private Hospital***

***Hollydene Wines***

***Hotel Gosford***

***Reline-A-Pipe Plumbing***

***The Essential Detail***

***SLSC, SLSNSW, SLA***

***NSW and Federal Governments.***

## AGM

Reminder that our AGM will be held on Sunday 19<sup>th</sup> July 3pm North Avoca Surf Life Saving Club. Notification, Nomination and Proxy forms were emailed to members last week. If you did not receive and would like a copy please email [office@northavocaslsc.com.au](mailto:office@northavocaslsc.com.au) or visit our document library via your members portal.

In addition, job descriptions for the proposed new roles on the committee will be forwarded to members early next week.

To participate in the Annual General Meeting, you must be a financial member for the 2020/21 season. All active and financial members over the age of 18 years are entitled to vote for the election of office bearers at the AGM. The SLSA Application for Membership form or renewal of membership can be completed through the Members Portal or at the AGM.

Further information and assistance with online registration and payment will be forthcoming to members. In the meantime, please email [office@northavocaslsc.com.au](mailto:office@northavocaslsc.com.au) for any enquiries.

## SLS MEMBERS AREA - DOCUMENT LIBRARY

A little-known fact!

Did you know that you can also access old Annual Reports and Newsletters via the Surf Lifesaving Australia Members Portal! Under the Document Library tab select North Avoca.

The link to the login is below;

[https://members.sls.com.au/SLSA\\_Online/modules/login/index.php#](https://members.sls.com.au/SLSA_Online/modules/login/index.php#)

## SLNSW COACHES WORKSHOPS

The first Thursday of each month SLNSW will be facilitating a zoom workshop featuring a new surf sports coaching topic each session. The objective of these sessions is to not only build coaching knowledge and capability across NSW but to also create coaching networks across the state to enable coaches to work together for the betterment of our NSW members and athletes. The session topics align to the season calendar so that knowledge learned may immediately be utilised. The next session on Thursday 2<sup>nd</sup> July will be on Pool Rescue. If you are interested in advancing your coaching skills, please follow the attached link to read more.

<https://www.surflifesaving.com.au/circulars/memo-monthly-coach-zoom-workshops>



While the IRB season may have been delayed for this season. The crew are excited for when they can recommence training and competition, even if a somewhat changed format.



Our U15s learning the ski in the 2019 off season. We look forward to when we can safely get you guys back on the water.



The 2020 State Pool Rescue Championships may have been cancelled, but our team have recently returned to their swimming squads with a vengeance and will be more than ready for the 2021 Championships.

